| the ins<br>menta | titute of <b>Digital</b><br><b>Digital</b><br>With Sproutin |          | Medical<br>Research<br>Council | University of<br>Nottingham<br>UKI CHINA I MALAYSIA | NIHR HealthTech Research Centre<br>Mental health (MindTech) |
|------------------|---|----------|--------------------------------|---|---|
| Online           | e Meeting Tracke  | er       |                                |   |   |
| Meet             | ing Date  | Length / | Attendees                      | Торіс   |   |
|                  | 11/01/2022  | 1 J      | B, CL, EF                      | InitialMeeting                                      | 5   |
|                  | 10/03/2022  | 1.5 J    | B, CL, EF, LK                  | Wellness Mee  | eting Plans   |
|                  | 28/04/2022  | 1 ]      | B, CL, EF, LK                  | SafetyPlan  |   |
|                  | 02/06/2022  | 1 J      | B, EF, LK                      | Coproduction  | Brief   |
|                  | 21/07/2022  | 10       | CL, EF, LK                     | Compassion  |   |
|                  | 18/08/2022  | 10       | CL, EF, LK                     | Recruitment   |   |
|                  | 06/10/2022  | 1 J      | B, CL, EF, LK                  | InformationPa                                       | ack   |
|                  | 04/11/2022  | 1)       | B, CL, EF                      | InformationPa                                       | ack - recap   |
|                  | C   |          |                                |   |   |

Offline Activity Tracker

| Date | Actions/tasks                        | Length of time/ pages | Completed by:  |
|------|--------------------------------------|-----------------------|----------------|
|      | 11/02/2022 Review group agreement    | 2 pages               | JB, CL, EF, LK |
|      | 01/04/2022 Review safety plans       | 1 page                | JB, EF, LK     |
|      | 01/10/2022 Review information sheets | 12 pages              | CL, EF, LK     |

